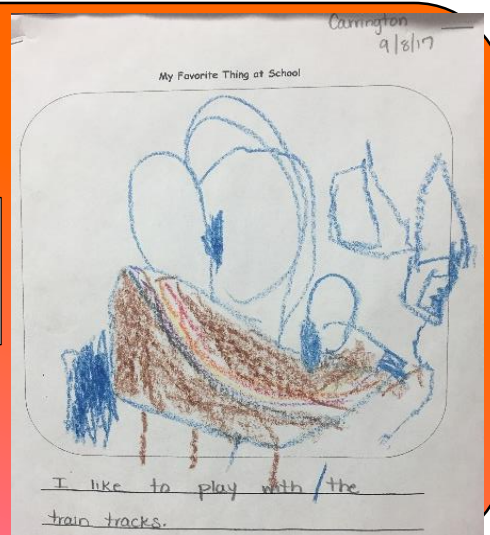


**Mrs. Frederick's students
 share their favorite things to
 do in school!**



Make Applesauce with Your Child!

Children love to cook with adults and November is the perfect time to enjoy delicious apples!

Ingredients: 8 apples, ½ cup water, cinnamon and sugar (optional)

- Wash, peel, and chop the apples, and place them in a saucepan. Add ½ cup of water and bring to a boil.
- Cover and simmer until the apples are soft (about 25 minutes). Stir a few times while simmering, and add more water if the mixture becomes too thick.
- Remove the apples from the heat, and smash or blend them into sauce. Add a little cinnamon and/or sugar.
- Once the sauce has cooled, enjoy! Or, put in the fridge for later!



Question for your child: Tell me how we made the applesauce.

Judy Center Events

- **Mommy, Daddy & Me** – Moms, dads, and caregivers bring their toddlers for a morning full of fun activities which promote vocabulary, math, and listening skills.
- **Chicago Parent Program** – Parents and caregivers of children ages 3-5 learn how to support their children's learning and emotional growth.
- **Little Cubs Playtime** – Little Cubs 18-24 months sing, play, explore, and listen to stories.
- **It's Groovy Baby, Music** – Parents and caregivers of children 18-36 months enjoy making music together.
- **Community Baby shower** – All Baby Basic's expectant mothers celebrate the end of their prenatal course with a shower full of wonderful gifts.
- **Books for Me Family Literacy Night** – Early literacy fun for Pre-K cubs and their families. Free books!

Learn about us: www.libertyjudycenter.weebly.com
 Visit us: 3901 Maine Ave. Baltimore, MD 21207
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