







Mural from Ms. Powell's rising kindergarten summer camp students

Help Your Child Get Ready for School!

- If your child will be attending an educational program in the fall, begin talking about how
 much fun they will have at school! Let them know that school is a place where they will
 make friends and learn.
- Get your child on a regular sleep schedule where they are waking up in time for school and going to bed early enough to get 10-12 hours of sleep.
- Set up consistent night time and morning routines. Children thrive with predictable and consistent routines. Night time routines can include bath, brushing teeth, reading a story, and turning the lights out. Morning time routines can include brushing teeth, getting

August Judy Center Events

- First Book Fundraiser: Dd's Discounts annual fundraiser to raise money for new books. August 2-25.
- New K Orientation: Judy Center orientation for new families with children attending kindergarten in September.
 August 6, 9-11:30am.
- **Food Pantry:** Come pick up healthy food items for your family. **August 15, 12pm.**
- Resource Fair at Calvary Baptist: Families can come and celebrate the start of the school year with free supplies.
 August 24, 11am-2pm.
- Take A Peek At Your Seat: Families with children attending pre-k or kindergarten can meet their child's teacher and see the classroom. August 30, 2pm-3pm.

